

September 2026



Portwind of Oak Park

13936 Lower 59th St N. Oak Park Heights, MN 55082

Chef / Reservations: 651-275-8084

Email: Crahe@Evolvesenior.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Noontime Dinner <i>Potato Crusted Cod</i> OR <i>Spaghetti and Meat Sauce</i> Evening Supper <i>Chicken Ala King</i> OR <i>Meat Lovers Pizza</i>	2 Noontime Dinner <i>Apple Brie Chicken</i> OR <i>Meatloaf</i> Evening Supper <i>French Dip w/ Au Jus</i> OR <i>Orange Chicken with Rice</i>	3 Noontime Dinner <i>Korean Short Ribs</i> OR <i>Cracker Crusted Haddock</i> Evening Supper <i>Bratwurst on Bun</i> OR <i>Tuscan Chicken Salad</i>	4 Noontime Dinner <i>Mediterranean Salmon</i> OR <i>Beef Prime Rib</i> Evening Supper <i>Popcorn Shrimp Basket</i> OR <i>Grilled Reuben</i>	5 Noontime Dinner <i>Beef Stew</i> OR <i>Breaded Pork Tenderloin</i> Evening Supper <i>Chicken Broccoli Casserole</i> OR <i>Bacon Cheeseburger</i>
6 Noontime Dinner <i>Coconut Mango Tilapia</i> OR <i>Chicken Cordon Blue</i> Evening Supper <i>Sloppy Joe</i> OR <i>Cheese Ravioli</i>	7 Labor Day Noontime Dinner <i>Crab and Lobster Alfredo</i> OR <i>Country Style Pork Ribs</i> Evening Supper <i>American Beef Goulash</i> OR <i>Bone-in Chicken Wings</i>	8 Noontime Dinner <i>Swedish Meatballs</i> OR <i>Crockpot Bourbon Chicken</i> Evening Supper <i>BLT Salad</i> OR <i>Raspberry Fritter French Toast</i>	9 Noontime Dinner <i>Southwest Beef Bowl</i> OR <i>Smoked Pork Loin</i> Evening Supper <i>Chicken and Dumplings</i> OR <i>Shrimp Caesar Salad</i>	10 Noontime Dinner <i>Cheesy Potato Ham Casserole</i> OR <i>Memphis Brisket Sandwich</i> Evening Supper <i>Lasagna Roll-ups</i> OR <i>Cashew Chicken Stir-Fry</i>	11 Noontime Dinner <i>Fish & Chips</i> OR <i>Chicken Marsala</i> Evening Supper <i>Chicken Chimichanga</i> OR <i>Tempura Shrimp Salad</i>	12 Noontime Dinner <i>Beef Tri-Tip</i> OR <i>Chicken Parmesan</i> Evening Supper <i>Chili Cheese Dog</i> OR <i>Turkey Wild Rice Hotdish</i>
13 Noontime Dinner <i>Beef and Broccoli</i> OR <i>Pecan Crusted Tilapia</i> Evening Supper <i>Tuna Salad Sandwich</i> OR <i>Cheese Omelet</i>	14 Noontime Dinner <i>Chicken Kiev</i> OR <i>Spaghetti and Meatballs</i> Evening Supper <i>Hot Beef Sandwich</i> OR <i>Chicken Taco Casserole</i>	15 Noontime Dinner <i>French Onion Chicken</i> OR <i>Crab Cakes with Remoulade</i> Evening Supper <i>Beef Cottage Pie</i> OR <i>Caprese Chicken Sandwich</i>	16 Noontime Dinner <i>Harvest Chicken Salad</i> OR <i>Coconut Shrimp</i> Evening Supper <i>Patty Melt</i> OR <i>BBQ Pork Wings</i>	17 Noontime Dinner <i>Polish Sausage and Kraut</i> OR <i>Homemade Chicken Pot Pie</i> Evening Supper <i>Chicken Tortellini Carbonara</i> OR <i>Ballpark Hotdog</i>	18 Noontime Dinner <i>Pan Fried Perch</i> OR <i>Taco Salad</i> Evening Supper <i>Fish Sandwich</i> OR <i>Banana Foster Pancakes</i>	19 Noontime Dinner <i>Pork Roast</i> OR <i>Garlic Broiled Cod</i> Evening Supper <i>Italian Hoagie</i> OR <i>Smothered Chicken Fritter</i>
20 Noontime Dinner <i>Beef Stuffed Pepper</i> OR <i>Sweet & Sour Chicken</i> Evening Supper <i>Beef Brisket Chili</i> OR <i>Chef Salad</i>	21 Noontime Dinner <i>Ham Steak</i> OR <i>Beer Battered Shrimp</i> Evening Supper <i>Chicken Philly Sandwich</i> OR <i>Belgian Waffle w/ Fruit</i>	22 Noontime Dinner <i>Beef Liver and Onions</i> OR <i>Fried Chicken</i> Evening Supper <i>Chicken Noodle Casserole</i> OR <i>Roast Beef & Cheddar Sandwich</i>	23 Noontime Dinner <i>Sliced Bistro Steak</i> OR <i>Citrus Poached Salmon</i> Evening Supper <i>Chicken Waldorf Salad</i> OR <i>Caramelized Onion Burger</i>	24 Noontime Dinner <i>Beef Stroganoff</i> OR <i>Turkey Roast</i> Evening Supper <i>Pulled Pork Sandwich</i> OR <i>Teriyaki Chicken Bowl</i>	25 Noontime Dinner <i>Fish Taco</i> OR <i>BBQ Ribs</i> Evening Supper <i>State Fair Corndog</i> OR <i>Shrimp Alfredo</i>	26 Noontime Dinner <i>Garlic Herb Crusted Cod</i> OR <i>Broccoli Cheese Chicken</i> Evening Supper <i>Tuna Noodle Casserole</i> OR <i>Breaded Chicken Sandwich</i>
27 Noontime Dinner <i>Pesto Brushetta Tortellini</i> OR <i>Beef Brisket</i> Evening Supper <i>Ham Salad Sandwich</i> OR <i>Baked Chicken Rigatoni</i>	28 Noontime Dinner <i>Maple Salmon</i> OR <i>Chicken Chow Mein</i> Evening Supper <i>California Turkey Burger</i> OR <i>Tater Tot Hotdish</i>	29 Noontime Dinner <i>Honey Garlic Chicken Legs</i> OR <i>Roasted Apple Pork Chop</i> Evening Supper <i>Biscuits and Sausage Gravy</i> OR <i>BBQ Boneless Wings</i>	30 Noontime Dinner <i>Fall Harvest Buffet</i> Complimentary Evening Supper <i>Mandarin Chicken Salad</i> OR <i>Mushroom Ravioli w/ Spinach</i>	September 16th Made to Order Breakfast Main Dining Room 8 AM - 9 AM 	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00 - 1:00PM Dinner 5:00 - 6:00PM Supper	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement